



RUSSIAN OPEN XI-th TAEKWON-DO I.T.F. CHAMPIONSHIP.
MOSCOW REGION, KLIMOVSK TOWN,
30,31 March - 1 APRIL 2018.

OUTLINE

- 1. Organizing committee: All Russian federation of taekwon-do I.T.F.**
President: Rudolf Kang
117133, Moscow, village Dudkino, SNT "Troitskoe-10" tel: +7(926) 429-90-96, E-mail:kang@list.ru
- 2. Competition Venue: Sport Venue – "Junost". Klimovsk town, Junost street 1**
- 3. Competition Dates: 30 of March - 1 of April 2017**
- 4. Qualifications:**
 - *Must be a holder of nationality of the Participating country;
 - *Association Member of I.T.F. HQ Korea (entry must be supported with the list of participants signed by General Secretary);
 - *All athletes are required to have Dan/Gup Certificate.

5. Age: children 9-11 year with qualification 4 Gup above;

Cadets 12-13 years with qualification 3 Gup above;

Juniors 14-15; 16-17 years with qualification 2 Gup above;

Adults above 18 years with qualification 1 Gup above;

Senior above 36 years with qualification 1 Dan above.

6. Competitions Rules: The ITF HQ Korea original rules.

7. Time mode: children & cadets – 2 rounds x 1,5 min. (40 sec.break)

Juniors & adults & seniors – 2 round x 2 min. (1 min.break).

8. Weight categories:

*** children:** Boys -25, -30, -35, -40, -45, -50, above 50 kgs.

Girls -20, -25, -30, -35, -40, -45, above 45 kgs.

***cadets:** Boys -35, -40, -45, -50, -55, -60, above 60 kgs

Girls -35, -40, -45, -50, -55, -60, above 60 kgs.

***juniors male** -50, -56, -62, -68, -74, -80, above 80 kgs.

Female -45, -50, -56, -61, -66, -70, above 70 kgs.

***adults male** -57, -64, -71, -78, -85, - 92, above 92 kgs.

Female -50, - 56, -62, -68, -74, -80, above 80 kgs.

Seniors male – 71, -81, above 81 kgs.

Female: -65, 75, above 75 kgs.

9. Team entries per team: no more than 3 people in each weight category.

10. Protective Equipment & Uniform: The participants shall wear the ITF recognised taekwondo Uniform. Groin, foots guards and gloves are compulsory and must be brought by the contestants. Mouth piece at the request of the participant

11. Applications: DEADLINE FOR APPLICATIONS is 25 of March 2018

(11.59 p.m. Moscow time)

Entries after the deadline will only be accepted with fine sanctions (50 Euro per person) The on-line registration service is provided by at: <http://tkd-rf.ru>

Before registration you have to receive the password, having sent a request to e-mail: kotec@list.ru

If you have, any problems registering, please, apply to: kotec@list.ru

Please, upload Your pictures of competitors and team. If you do not upload the pictures on-line You will not get your accreditations at the place.

12. Entry Fee: The Entry Fee for each participant is 50 Euros per athlete and must be paid in cash at the accreditation centre.

13. Indemnities: It is the responsibility of each manager national association (MNA) to make sure that the on-line forms are properly filled in as well as the forms attached to the Outline for additional information. The forms are to be signed correctly by participants and the official representatives of the National Association indemnifying the organizers, other contestants and officials from any claims of injuries, losses, damages or violence arising during the championships or any activities linked therewith. Each MNA must ensure that they have a sufficient insurance coverage for each contestant and official member. Participants without proper participation forms and without sufficient insurance coverage will not be allowed to compete. Please, have the Indemnity Forms on accreditation.

14. Accreditations: Accreditation Centre will be open at the official hotel from 12.00 – 17.00, 29 of March 2018. Official representatives (1 or 2 persons per team only) must present for checking each participant's and official's passports (or the Certificate of Birth for minors) and pay in the Entry Fees for the whole team. Doctors can get their accreditation only if they present their medical Certificate.

Accreditations may only be given out if the team paid the Entry Fee in full amount. The participation in the "Open Russian Taekwon-do championship" 2018 Tournament will only be possible with the Accreditation card. The photo on the accreditation card is obligatory and must be uploaded while registering on-line at <http://tkd-rf.ru> website. For guests – the entrance is free.

15. Weigh-in: During the weigh-in, the male contestant shall wear underpants and the female contestant shall wear underpants and brassiere. However, the contestant may weigh-in nude if he/she wishes to do so. The weigh-in will be conducted according to the timetable

16.Competition Timetable:

29 of March Teams' Arrival

- 12.00-17.00 Registration (Official Hotel)
- 12:00-17:00 Weigh-in
- 17.00 -18.00 Coach meeting, Drawings
- 18.00-19.30 Referees meeting

30 of March

- 10.00 – 14.00 Seminar by Master Rudolf Kang
- 14.00 – 15.00 Lunch
- 15.00 - Competition Start, the first day.
- 15.00 – 19.00 – Individual and Team Patterns (All divisions)
- 19.15 – 20.00 - awards ceremony

31 of March

- 10.00 - Competition Start, The second day
- 10.00-13.00 – Basic techniques, individual sparring (children and cadets)
- 13.00 – 14.00 Lunch
- 14.00-15.00 - Opening Ceremony
- 15.00 – 19.00 – Individual sparring (All divisions)
- 19.15 – 20.00 - awards ceremony

1 of April

- 10.00 – Competition Start, the third day.
- 10.00 - 13.00 – Team sparring (children and cadets). Power breaking and special techniques (only black belts above 16+)
- 13.00 – Lunch
- 14.00 – 19.00 juniors and adults team sparring competitions
- 19.15-20.00 awards ceremony

2 April Teams' Departure

18. Awarding: 1 st place, 2nd place and two 3rd places winners will be awarded with Medals

19. First Aid: First aid will be provided at the Competition Hall by OC and will be used in case of emergency.

20. Team competitions: In the TUL TEAM PROGRAMS - teams can be mixed men and women in: 9-13; 14+ age categories, but SPARRING TEAM PROGRAM – teams include only male or female.

21. Accommodation: Accommodation charges for room and board for teams will be born by the participants and must be paid via Bank transfer. The filled in forms for accommodation at the official hotels have to be sent to the OC e-mail: tsoyrobert@mail.ru, before arrival moment. Contact telephones: +7 9162448685 Tsoy Robert

22. Transportation: Round trip airfare will be born by the participating National Taekwondo Teams. OC will be able to provide transfer for teams from the Airport to the official hotel and the other way back on the days of arrival and departure to Moscow (for the additional price) in case if the transportation request form was sent to OC before 01 march, 2018: e-mail: tsoyrobert@mail.ru.

23. Visa Support: To receive a visa invitation letter, please, fill in the Visa Request Form signed by the ITF MNA President or General Secretary and send it to e-mail: drogenikov2002@mail.ru Together with the Visa Request Form the copies of passports should be sent. Also, one should inform the OC of the location (city) of the Russian Embassy where he/she applies to.